



## 12 POSITIVE BUILDING BLOCKS STRATEGIES

The 12 stimulus responses are combined philosophy based on Anthropocentric and heterogeneous; that which is conducive and suitable of ones learning ability to interpret reality in terms of the human experiences as it pertains to their values, views, vices and virtues. This helps to cultivate and facilitate ones outlook on life and the course of action he or she will resume. Julius Nyerere said, “The purpose of education is to prepare young people to live and serve society, and transmit the knowledge, skills, values, and attitudes of the society.” Whenever education fails in any of these fields, there is social unrest as people find that their education has prepared them for a future which is not open to them.

- 1) Method and modality: orientation precedes education there are 5 types of orientation of conciliatory healing task, effort, time, energy and nature.
  - a) Task orientated is designed to appeal to human integrity and dignity of each other’s self-worth by reacquainting ourselves with ourselves with the resiliency of understanding for the need to restore credibility of social maturity the benevolent way to self, home, family school, friends associates’, work place community all of the earth which the true meaning of citizenry the interaction of this interpersonal relationship one with another individually collectively as well as corporally this task of alliances must be synchronized.
  - b) Effort orientated is designed to appeal to the integrity and dignity of self-endurance by reacquainting ourselves with ourselves with the resiliency of tolerance for the need to readdress social diversity of social maturity the benevolent way to self, home, family, school, friends, associates, work place community all of the earth which is the true meaning of citizenry the interaction of this interpersonal relationship one with another individually, collectively as well as corporally the effort of arranging of this team chemistry must be synthesize without strife.
  - c) Time orientated is designed to appeal to the integrity and dignity of self-discipline by reacquainting ourselves with ourselves with the resiliency of temperament for the need to revise social coherency of social maturity the benevolent way to self, home, family, school, friends, associates, work place, community all the earth which is the true meaning of citizenry the interaction of this interpersonal relationship one with another individually, collectively as well as corporally not wasting unnecessary expenses focusing on that which brings forth the best results this time must be economized.
  - d) Energy orientated is designed to appeal to the integrity and dignity of self-reliance by reacquainting ourselves with ourselves with the resiliency of confidence for the need to replenish social continuity for social maturity the benevolent way to self, home, family, school, friends, associates, work place, community all of the earth which is the true meaning of citizenry the interaction of the interpersonal relationship one with another individually, collectively as well as corporally by coming together to enhance a greater effect on the totality of our mental emotional physical and spiritual well-being conjoined for a useful purpose, this energy must be synergized.

e) Nature orientated is designed to appeal to the integrity of self-esteem by reacquainting ourselves with ourselves with the resiliency of respect for the need to restore social solidarity for social maturity the benevolent way to self, home, family, school, friends, associates, work place, community all the earth which is the true meaning of citizenry the interaction of the interpersonal relationship one with another individually, collectively and corporally knowing that everything in the universe is tied to a numerical system the method of this nurtured nature must be syncretized without conflict.

Method is a way of doing things or about doing the carrying out of something or an assignment according to a planned agreed upon or accepted however what comes into play is appreciation for your doings and accomplishments.

Modality is the conceptualization of the going about doing something the question arises how is the method to be expressed through what means what is the motive is it out of necessity desperation which in turn could become taxing.

Let us look a rage is a precursor toward violence and violence is the result of an unresolved status which wind leading to abbreviated life expectancy, socio-economic stress leads to emotional pain and more than likely will result into physical violence. So the first stimulus response is to deal with the method sand modality of responses and the means and the motive behind the response feelings, thoughts, attitudes, language and activity of those responses and how they become accepted with first accepting self-first.

**SOME ABNORMAL BEHAVIORS TO CONSIDER:**

- 1) Under estimated feelings of discontent.
- 2) Poor concepts.
- 3) Social impoverishment.
- 4) Undermining others.
- 5) Negative thoughts.
- 6) Unhealthy activity.
- 7) Under employment.
- 8) Self-defeating attitudes.
- 9) Lack of education.
- 10) Ignorance.
- 11) Illiteracy.
- 12) Hostility.
- 13) Animosity.
- 14) Anxiety.

15) Alcoholism drug addictions.

16) Poor communication.

17) Underhanded activity.

18) Lack of integrity.

Let's us note that resiliency is the author of success and adequate cooperation leads to proper communication and that how you can and any setting effectively coordinate your power of success.