

## SELF-AWARENESS AND SELF-RESPECT

**Self-awareness and self-respect** self is a directive imagination that understands the methodology of communicating with clarity self-order self-duty self responsibly harmoniously giving family the opportunity to respond to its accountability. This is based on the principle of self-acceptance resulting in ownership or propriety.

**Self-awareness** basically describes a situation where the light the living imagination that gallantly heightens the tenacity of spiritual energy resulting into a cooperative force, Due to the fact that adequate cooperation leads to proper communication that how you become proficiently effective in coordinating your power, or the power of self-awareness and self-respect. When the light is turned on our ability takes notes sometimes others my notice it before you do than the ability can be mis-approbriatley misused abused and exploited. When the light is turned on our awareness shines and we become conscious of a great deal of internal cleansing and eternal clarity.

We notice patterns of feelings thoughts attitudes language and activity of flows and blockages which could either invention prevention intervention our accomplishments of life.

**Invention:** to create a thing especially a device which is a process of thought form the mind filtered through the brain this strain of thought process serves as refining particles that unlocks the door of self-image when device is mechanically destroys so goes the confidence of the best intentions of the inventor, Once your destroy the image of how people see themselves they will communicate that self-destruction. This becomes a pattern feel like being destructive think destructive thoughts having a destructive attitude activity becomes destructive.

**Device:** a tool or machine that is designed to perform a particular task or function a way of achieving something especially in a clever way of dishonest gain or that which like a bomb causing explosion.

**Self-awareness** is the ultimate inevitability of life birth death misery pain sorrow joy confirms this to us this momentary awakening with in our psych and manner it responds to our physiological wellbeing. Depends on the extend of the damage that have been done to our psych it plays out in our personality. The image that has been destroyed in replaced with another creates conflict. Clear example in the creation of frank stein he turned on his master but is was the device that was used to create him that could not control him he had developed feelings and turned on his master. In others word we must not let any device master us but be the master of the device, racism sexism classism etc. are merely devices a tool mechanically and cleverly used to achieves a particular purpose not with the best intentions in heart.

Living knowledge is another way of defining self-awareness which gives us a the consciousness we need for positive change thanks to awareness we can take a good look at ourselves and our lives to see what is working for us and what isn't this awareness plants seeds of change in our sub-conscious mind and that dominant thought becomes you. That will motivate you to do to different things becoming motivated for change and the breaking of unhealthy and unproductive habits which comes from self-awareness and self-respect. For example when you become aware of the detrimental effects and self-discipline you become motivated to change you don't unite with those things that is detrimental to your inner growth and outward development. What is the dominant thought in your mind remember the brain is the filter how can you change the filter?

Self-motivation to change also comes from a vivid awareness of what we want for ourselves and our future and a lucid recognition that we won't be able to have if we don't leave our bad habits behind. With self-awareness we can monitor the negativity inside us and prevent it from getting the best of us. So in breaking bad habits self-awareness can help ensure that we are in control of best of assuring thoughts of becoming more aware to be able to create positive healthy and productive change. This type of change is the devices that helps to bring about the manifestation process of change in politics they term it as candidates in other word can the date. For change self-awareness and self-respect by holding to your esteem and know that you are good and worthy of being treated with honor, dignity and respect. You must first respect yourself, your character and conduct for the true meaning of royalty. This how we treat each other, operating with decency honor, dignity, integrity. This becomes our marching orders each and every day in every way.